

Schedule and Syllabus: Four Week Take-Away Workshop:

96 hours, 24 hours a week, 6 hours a day, 4 days a week.

Includes:

Tuesday and Wednesday:

9am to 12pm Physical Training and Manipulations/Stretch.

2pm to 5pm Dance Workshop.

Thursday:

9am to 10am Qi Gong.

10am to 12pm Dance Workshop.

2pm to 5pm Dance Workshop,

Friday:

9am to 12pm Physical Training and Manipulations/Stretch.

2pm to 4pm Dance Workshop,

4pm to 5pm Hatha yoga.

The last days of the fourth week will be geared toward creating 90 minute-long performances presenting some of the possibilities behind the work.

Syllabus Four Week Take-Away Workshop:

Goal: Participants will achieve progressive levels of skill in techniques in and knowledge of dance/theatre and composition. Working towards control and manipulation of time, space and rhythm in relation to physical movement. Emphasis is placed on introducing the students to the more complex mechanisms involved in Butoh dance and choreography. This course demands a high level of effort and commitment while encouraging enjoyment of creative expression.

Week one and week two:

Introduction to the basic components involved in Butoh.

Physical Training.

Manipulations/Stretching system.

Dance Techniques such as Open Eye, Presence, Expressive Movement, Stop in Motion, Imaginations, Transformations, Bisuko, Skeleton Dance and more.

Qi Gong.

Hatha yoga.

Meditations.

Whirling.

Nutrition: developing, caring for and maintaining the Butoh Body, a body that can do any movement at any time.

Standard 1:

Identify and demonstrate elements and skill in performing dance

- Introduction to choreographic principles, processes and structure, as well as dance techniques
- Create and perform combinations using a variety of choreographic elements and Dance Techniques emphasizing stops/silence
 - Assessment Strategies: checklist, peer evaluation
 - Suggested Activities:
 - Choreograph movement sequence using Presence
 - Perform sequence using no Presence
 - Choreograph movement sequence using Technique and level only
 - Perform sequence using two or more qualities of movement combined with Technique
 - Choreograph movement sequence using “Open Eye” expressing visual images

- Perform sequence alternating between using “Open Eye” expressing visual images and expressing the images with the body

- Identify and demonstrate a variety of choreographic processes
 - Assessment Strategies: peer interviews
 - Suggested activities:
 - Create a dance or movement phrase showing fluid transitions using a variety of Techniques
 - Perform sequence using abrupt transitions
 - Show contrasting qualities of movements within a movement study using Technique
 - Perform sequence using non divergent qualities of movements
 - Create a movement study using choreographic forms
 - Create a movement study using 3 different dance techniques
 - Perform sequence using one dance technique only
 - Express verbal images through movements of the eye using “Open Eye”
 - Analyse peer choreography

Standard 2:

The body is the principal instrument of the dancer's art or the primary tool of his trade, as it were

- Conceptualize “We are what we eat”
 - Assessment Strategies: peer interviews
 - Suggested activities
 - Identify and make connections between dance and healthful living
 - Analyse and define; what is a body that can do any movement anytime
 - Examine the role of nutrition in the development, the care for and the maintenance of the Butoh Body
 - Research and discuss how the following substances affect the Butoh Body; sugar (including alcohol), glutens, dairy and meat

Standard 3:

Use aesthetic principles to analyse, interpret, and critique dance

- Explain how personal experience influences the interpretation of a dance

- Assessment Strategies: oral presentation, journal, class discussions
- Suggested Activities:
 - View a dance and write a personal interpretation of that dance; discuss interpretational differences
 - Imagine various life experiences, view and interpret a dance based upon the emotion of that life experience
 - Identify and apply specific criteria of making informed critical evaluations of the quality and effectiveness of performance, choreography, and improvisation
- Assessment Strategies: checklist, written test
- Suggested Activities:
 - List the qualities of a well-structured dance and use as a checklist to evaluate a dance
 - List the qualities of a good performer and use as a checklist to analyse a performer

Week three and four:

Emphasis is placed on the elementary components of choreography and performance.

Standard 4:

Make connections between dance and other disciplines

- Discuss how skills developed in dance are applicable to a variety of careers
 - Assessment Strategies: class discussion, essay
 - Suggested Activities:
 - Identify possible career choices related to dance
 - List skills that you have developed in dance and how those skills can be used in other career fields
 - Choose a non-performance career and show how your skills in dance can be applied
- Explore other disciplines through dance
 - Assessment Strategies: teacher observation, rating scale
 - Suggested Activities:
 - Study fractions while learning rhythms
 - Create a dance that demonstrates cell division (mitosis)
- Demonstrate how technology can be used to enhance, reinforce or alter dance
 - Assessment Strategies: check list, rating scale

- Suggested Activities:
 - Use at least one technological medium to enhance a dance presentation
 - Create a web page for the Dance Department
 - Create sound track for performance
 - Choreograph dance for soundtrack

Standard 5: Investigate how dance and movement are nature

- Create, and communicate different qualities of movements, energy, rhythm and presence from nature through dance observation, composition, and performance
 - Assessment Strategies: peer critique, teacher observation
 - Suggested activities:
 - In a specific animal observe energies, movements, rhythm, patterns and transitions as well as silence/stops
 - Choreograph a dance using observations
 - Perform dance combining observations with Dance Technique
 - Choose a tree, observe energies, movements, rhythm, patterns and transitions as well as silence/stops

- Choreograph a dance using observations
- Perform sequence combining observations with Techniques
- Choreograph a dance using observation from animal and tree.
- Choose a rock observe energies, movements, rhythm, patterns and transitions as well as silence/stops
- Choreograph a dance using observations
- Perform sequence combining observations with Technique.
- Perform observations from animal, rock and tree in combinations using adequate soundtrack

Teacher: Jens Peter de la Fuente

Fee: To be negotiated.

Contact: dance@butohschool.com

Phone: 34)663 424 701

www.butohschool.com